



## Daily Schedule

2009 – 2010

(Individual team schedules will vary)

AM

7:00 – 7:30

Breakfast

7:30 – 8:30

Academic Class

8:35 – 9:35

Academic Class

9:35 – 9:55

Break

9:55 – 10:55

Academic Class

11:00 – 12:00

Academic Class

PM

12:00 – 12:50

Lunch

1:30 – 3:00

On Ice Practice

4:00 – 5:30

Off Ice Practice

6:00 – 6:50

Dinner

7:00 – 8:00

Study Hall

8:00 – 10:00

Free Time

10:00 – 10:30

Dorm Time

10:30

Lights Out